

PM FORM 3.10.2 Substance Use/Psychiatric Symptomatology Table

Category of Substance	Type of symptoms seen with use pattern			Resolution Period
	Mild Use <i>Uses no more than 1-2 times/wk; does not use to severe intoxication; no observable impairment.</i>	Moderate Use <i>Uses regularly, but not usually to severe intoxication; and/or episodes of severe intoxication occur, but once/wk or less; and/or presence of negative outcomes (hangover, money loss), but not severe.</i>	Heavy Use <i>Uses regularly (more than 2x/wk) to point of severe intoxication; significant impairment, negative outcomes noted, such as ER visits, fights, can't pay rent, medical complications of substance dependence (liver disease, hemorrhage, etc.)</i>	
Alcohol Benzodiazepines Sedatives	None	Anxiety, depression, not dysfunctional	Hallucinosi s, not psychosis <i>Patient usually reports hearing "voices", content non-bizarre, good reality testing, no thought disorder or bizarre behavior.</i>	30 days
			Anxiety Mood instability <i>Patients occasionally can develop a first true manic episode during withdrawal</i> Personality disorder	30-90 days <i>Most severe symptoms will resolve (if they do) within 30 days - disability/fragility may persist longer.</i>
Stimulants (cocaine, methamphetamine)	Mild anxiety, depression	Anxiety/panic, depression, mood instability	More severe anxiety & depression Personality disorder symptoms	30 days (mild/moderate) 30-90 days (heavy)
			Paranoid psychosis	30 days

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Hallucinogens (Mescaline, LSD, peyote)	Anxiety & depression,	Anxiety & depression	Psychosis	Usually 30 days
	Occasional psychosis or severe panic <i>A single episode of hallucinogen use can occasionally precipitate psychosis or severe panic. This may also happen with methamphetamine.</i>	Flashbacks/ hallucinotic experiences Sometimes, psychosis, panic, mood instability	Severe panic, mood instability,	Up to 90 days
Opiates	None	Mild-moderate anxiety & depression	More severe anxiety & depression, personality disorder symptoms	60-90 days
			Occasional psychotic symptoms, during withdrawal only	7-10 days

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	Mild Use <i>Smoking a single marijuana cigarette 1 - 2 times/wk</i>	Moderate Use <i>One or two marijuana cigarettes 3 -5 times/wk</i>	Heavy Use <i>Two or more marijuana cigarettes daily</i>	
Marijuana (cannabis sativa)	None	Mental confusion, agitation, feelings of panic	Acute toxic psychosis, paranoia, disorientation, severe agitation, depersonalization	Moderate - 24 - 72 hours Heavy - 30 to 60 days <i>For heavy marijuana users, persistent anxiety, panic attacks, and mood/thought alteration may last up to 90 days.</i>